

November Family Gratitude Challenge

Finding all that is good, true, and beautiful in everyday ordinary things.

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:8 (NIV)

The Challenge.

1. Create a family and/or friends group text.
2. Each day in November, notice something good, beautiful, or true and snap a picture.
3. Text your picture via your group text.
4. Include a word or phrase to inspire or say why you are thankful for what is in the picture.
5. Optional: At the end of November, create a picture collage, a reminder of all you have to be thankful for.

The brave who focus on all things good and all things beautiful and all things true, even in the small, who give thanks for it and discover joy even in the here and now, they are the change agents who bring fullest Light to all the world.

Ann Voskamp